



Gentle Redirection Tips for Parents

LillyPatch Kids - Supporting Positive Parenting

Why Redirection Matters

Redirection is a helpful way to guide your child from behavior that's not safe or appropriate to something more positive. It supports their emotional growth and teaches good choices.

1. Offer Simple Choices

Give your child two safe options to help them feel in control.

Try saying: "Would you like to color or play with blocks?"

2. Use Positive Words

Focus on what your child **can** do, not what they shouldn't.

Say: "Let's keep our feet on the floor," instead of "Stop climbing!"

3. Try a New Activity

If your child is upset or stuck, suggest a fun change.

Example: "Let's go water the garden together!"

4. Give a Job to Help

Let your child feel useful and involved.

Example: "Can you help me put the books back on the shelf?"

5. Show, Don't Just Tell

Sometimes pointing or walking with them helps more than words.
Example: "Let's go wash our hands together."

6. Make It Fun

Turn tough moments into playful ones.

Example: "Let's march like dinosaurs to the kitchen!"

7. Acknowledge Feelings First

Let your child know you hear them.

Say: "I know you're sad. It's hard to wait. You'll get a turn soon."

8. Change the Space

Sometimes moving your child or removing a tempting toy can help. Example: "Let's play over here where it's quieter."

Parent Tips

- Stay calm and patient
- Use kind, clear voices
- Get down to your child's level
- Be consistent, but flexible
- Praise good choices!